



EXILIS: FREQUENTLY ASKED QUESTIONS

What is the Exilis procedure? How does it work?

During the session, the Exilis computer-controlled device is guided over the treatment area. Patients feel a warming sensation as the Energy is delivered to the deeper layers of skin. The ability to focus the Energy on specific areas at the targeted depth of penetration makes Exilis a highly effective aesthetic solution. The device engages the cooling system to heat deep tissue as its constant monitoring of the skin's temperature facilitates a comfortable, even treatment. To favorably influence the upper skin layers, only controlled heating is engaged to redefine loose skin and smooth wrinkles. Thus, the Exilis causes the collagen supporting tissue to remodel, thereby stimulating and strengthening the collagen network to improve skin laxity and texture.

How many treatments do I need? How long do the results last?

The number of treatments for you depends on the condition and the area to be treated as well as your desired results. During your consultation, we will advise you as to the number and frequency of treatments that are recommended to achieve your desired results. For optimal results, the usual recommended course of treatment is generally four to six sessions, one every week. You can have additional treatments and treat

multiple areas simultaneously if desired. Patients show persistent results at least six - fifteen months after the Exilis treatment. Healthy nutrition and moderate exercise routines maintain the results even longer.

Is it safe?

Exilis has been tested in clinical studies and proven to be safe and effective. Exilis treatments require no surgery and are quick and painless. The Exilis device has been cleared by the FDA in the U.S. for use in dermatologic and aesthetic procedures with indications for non-invasive treatment of wrinkles and rhytids.

What about recovery?

Exilis allows you to continue your daily activities without any interruption, zero downtime. Some pinkness on the treated area may last for about 15-30 minutes. Patients should increase water intake on the day of treatment and the day after, and should engage in light exercise such as walking to enhance cosmetic results.

What are the side effects?

There have been no significant side effects reported with Exilis treatment. The Exilis device does not harm the fat cell. Fat cells play an important role in maintaining hormone and immune system functions, and although eliminating excess fat can improve your health, completely killing the cells can have unwanted side effects.

Who is a candidate for Exilis?

Exilis is recommended for any patient between the ages of 25 and 70+ who desires cosmetic improvement, particularly those areas that show the signs of aging, unhealthy life style and have not responded to other treatment options. If you have tried diet and exercise but still have fat and inches you just can't lose, it's time for Exilis. Exilis treatment offers cosmetic improvement without surgery.